

Clube
Internacional
de
Brasília

Brasilia
International
Club



Newsletter

(Translation by Rita Hartman Garcia)

OCTOBER
2026

Newsletter 245

OCTOBER 2026



“Each person knows how to love in their own way; the way doesn't matter much; what's essential is that they know how to love.” – Machado de Assis

CIB - *“Women who inspire connections, cultivate friendships, and build a world that is closer together.”* -
FRIENDSHIP CULTURE RESPECT SOLIDARITY => A MORE HUMANE WORLD FULL OF IDEAS, GATHERINGS,
PEOPLE & NEW PATHS

Message from the President of the International Club of Brasília

Dear members,

October arrives, heralding the beauty of spring and a call to renewal. To blossom is to recognise that life constantly presents us with new opportunities for learning, sharing, achieving and moving forward.

Throughout this year, we've experienced countless gatherings, celebrations, discoveries and moments that will undoubtedly remain etched in our memories. Our CIB experience has been a labour of love, characterised by dedication, enthusiasm and unwavering affection.

Reflecting on our collective achievements, I feel profound gratitude and fulfilment. My heart is at peace, my soul serene and I am joyful knowing I'll hand over our club with a sense of accomplishment.

November approaches, ushering in a new chapter for the CIB. The upcoming election promises fresh ideas, new faces and new paths to guide us towards our shared goals. A vibrant club is one that continually renews itself, leaving behind its own legacy, stories and seeds for future generations. May these seeds blossom into beautiful flowers along our journey.

As I celebrate another year of my own life and my only grandson's birthday with immense joy, I find October a month of gratitude, renewed dreams and a celebration of what truly matters: family, friends and all those who enrich our lives.

May October unite us in our shared celebration of the present and our open hearts to the future. Let our CIB remain a flourishing garden where friendships, cultures, gatherings and enduring stories can thrive.

With affection and deep gratitude,

Eliana Coutinho do Oriente Cruz

President of the International Club of Brasília – CIB - Management 2026/2027

•DONATION FROM THE INTERNATIONAL CLUB OF BRASÍLIA - (CIB)

Third Quarter of 2026

PRESIDENT – Eliana Coutinho do Oriente Cruz

SOCIAL ASSISTANCE DEPARTMENT – *Director:* Maria da Sé Dias Diniz; *Deputy Director:* Maria Alice Mamede

Beneficiary Institutions	Objective	Donation Amount
Home for the Elderly – Taguatinga	In compliance with Health Department requirements, two stainless steel carts for transporting linens were purchased, exclusively for the laundry.	Total: R\$ 8417,00
Rosemary Social	Replacement of the ballet studio and library flooring, and metalwork improvements to the institution's facilities.	Total: R\$10.000,00
Pope John Paul II Lift School	Acquisition of musical instruments for the implementation of the "Music That Transforms" project throughout the school (total value of R\$16,514.50).	1st installment: R\$8,500.00

•2026 BLANKET CAMPAIGN - DONATION BOARD

PRESIDENT – Eliana Coutinho do Oriente Cruz

SOCIAL ASSISTANCE DEPARTMENT – *Director:* Maria da Sé Dias Diniz; *Deputy Director:* Maria Alice Mamede; Secretary General: Vanda Paes Landim

INSTITUTION	LOCATION	SERVICE NICHE	No. of Blankets
Dom Orione Institute	Lago Sul	People with mental disorders	61
Friends of Solidarity Association	Santa Luzia Neighbourhood – Estrutural	elderly people, and autistic children and adolescents	120
Builders of Christ	The Santa Luzia neighborhood in Estrutural and various locations on the outskirts of Brasília.	60 needy families already assisted by the institution through the construction of homes.	100
Santa Clara Daycare Center	Santa Luzia Neighbourhood	Children	60
VNAS Institute (You Will Never Walk Alone)	Samambaia	Autistic children	70
Total			411

* Amount raised: R\$8,135.00

CIB ELECTIONS – 2027 TERM

It is time to participate and contribute to the future of our Club!

In November, the Clube Internacional de Brasília (CIB) will hold its Ordinary General Assembly to elect the President, First Vice-President, and Second Vice-President, as well as members of the Deliberative and Supervisory Boards, in accordance with the CIB Bylaws and Internal Regulations. Please pay attention to the candidacy requirements.

Members interested in running for office must submit their registration form to the President of the Deliberative Board during the second half of October, on a date to be determined by the Executive Board.

To run for office, one must:

- §be up to date with CIB financial and statutory obligations;
- §have been a CIB member for at least two years;
- §submit the registration form and a copy of an identity document;
- §run for only one position.

Candidacy for the Presidency is formed jointly with the First and Second Vice-Presidents, constituting a single slate and representing a single vote.

Candidacies for the Deliberative and Supervisory Boards may also be submitted, subject to the rules established in the Internal Regulations.

How will the election take place?

The election will be held during the Ordinary General Assembly in November, via secret ballot, with an open vote count.

Only members who are up to date with their financial obligations may vote. Participation is personal; voting by proxy is not permitted.

The General Assembly must be convened via an official notice issued at least 10 days in advance, published in the CIB Newsletter and the CIB Electronic Bulletin.

A process that belongs to us all.

The election is a significant moment in the life of the CIB. It is an opportunity for every member to participate, step forward to assist in management, or exercise their right to vote—always in accordance with the rules governing our Club.

We rely on the participation of all members to ensure the election process proceeds in an organised, transparent, and harmonious manner, upholding the values of friendship, unity, and respect that are integral to the CIB's history.

Get involved. The future of our Club is also in your hands.

FINANCIAL NOTICE

Dear Members,

In the interest of greater efficiency and cost savings for the Clube Internacional de Brasília, the Finance Department wishes to inform you that quarterly payment slips are now being issued via the SICOOB system.

With this change, the average fee per slip will be reduced from R\$ 6.50 to R\$ 1.90, resulting in a saving of approximately R\$ 4.60 per slip for the CIB.

Important: There have been no changes to the Club's banking details. The bank (BRB), branch, account number, quarterly fee amount, and due dates remain the same.

Only the system used to issue and process the payment slips has changed. At the time of payment, the beneficiary may appear as BRPAGAMENTO.

We thank you for your attention and cooperation.

Finance Department

Clube Internacional de Brasília – CIB

OCTOBER SCHEDULE

1) OCTOBER COOKING FRIENDS FAMILY FLAVOURS IN THE CULINARY AREA

Tradition, Memory, and Affection at the Table.

This October, the Culinary Group of the Clube Internacional de Brasília celebrates the richness of recipes that span generations and preserve—within their flavours— family stories and cultural traditions.

Member Mônica Beraldo, originally from São Paulo and a resident of Brasília since 1966, will share a recipe close to her heart: the traditional Potato Starch Cookie, learned from her mother, Irene Beraldo (from Rio Grande do Sul). It is a simple yet special recipe that keeps alive the taste of family cooking and childhood memories.

We will also feature member Carmenísia, who, together with Ruth, will present Tapioca Cream, a traditional Brazilian dessert. Made from cassava, tapioca carries an Indigenous heritage and has absorbed Portuguese and African influences throughout history, incorporating ingredients such as coconut and milk into its various preparations.

Two recipes, two stories, and many memories. Because cooking is also a way to preserve memory, celebrate our roots, and bring people together through flavour.

Date: October 7, 2026 (Wednesday)

Time: 3:00 PM

Event Location: Party room in member Mônica Beraldo's building

Address: SQS 112, Bloco K, Asa Sul, Zip Code: 70275-110

Please kindly confirm your attendance by October 15, 2026, via WhatsApp at (61) 99633-8416 (Rayssa).

2)

ITALIAN NIGHT

A celebration of flavours, culture, and friendship.

The Clube Internacional de Brasília invites its members to a very special evening dedicated to the charms of Italy.

It will be a time for socialising and celebration, bringing our members together in an atmosphere filled with joy, charm, and Italian spirit—an event that promises to be unforgettable.

To make the night even more beautiful and special, we invite our members to embrace the Italian theme through their attire!

We suggest wearing the colours of the Italian flag—green, white, and red—or, if you prefer, an outfit or accessory inspired by Italian culture and traditions.

It will be a delightful opportunity to celebrate Italy together, creating a truly Italian setting with our colours, our elegance, and, above all, the joy that defines CIB gatherings.

Get your outfits ready, get into the spirit, and come celebrate with us! 

It will be a true journey through the flavours of Italy, featuring pasta dishes prepared especially for the occasion, accompanied by a musical and cultural program designed to make the experience even more enchanting.

Benvenuti to the CIB Italian Night!

Because celebrating life also means celebrating friendship, culture, and great flavours.

Venue: Porto Vittoria - Setor de Clubes Esportivos Sul Trecho 2 Conjunto 19 - Asa Sul, Brasília - DF, 70200-002

Date: October 15th, Thursday.

Time: 7 PM

Please confirm your attendance by October 12th, 2026, via WhatsApp (61) 99633-8416 (Rayssa)



Iris Barbosa

ARMARINHO & ATELIÊ

Seu estilo,
do seu jeito!

Aqui suas peças ganham vida nova com **cuidado**, **técnica** e **amor** em cada detalhe.

-  **CONserto de Roupa**
Pequenos ajustes que fazem toda a diferença
-  **REFORMAS de Roupa**
Transformamos suas peças elevando estilo e conforto
-  **ROUPA SOB MEDIDA**
Modelagem personalizada para vestir você perfeitamente
-  **BORDADOS**
Detalhes que encantam e tornam tudo único

BORDADO
com carinho e personalidade

*Do básico ao exclusivo,
aqui cada detalhe importa!*

 Visite nosso ateliê
e transforme suas ideias em realidade!

 (61) 99606-2443

 @irisbarbosa.armarinhoateliê

3)

OCTOBER'S "FRIENDS OF READING"

Dear CIB members, the "Amigas da Leitura" (Friends of Reading) group invites you all to another gathering dedicated to literature, the exchange of experiences, and good conversation. Our meetings continue to bring readers together around remarkable works, always in a welcoming and enriching atmosphere.

For the October meeting, the chosen book is **O século dos imbecís** (The Century of Imbeciles) by Portuguese author Valter Hugo Mãe.

Released in 2026, the book is a comic, ironic, and unsettling fable about the vices, human contradictions, and misinformation of the modern world. With sharp humor and touches of magical realism, the book satirizes the denialism, intolerance, vanity, and excesses of our times.

High atop the mountain—the setting for the mansion that dominates the landscape of the village where Aquilos lives—dwells the eccentric Marquis of Malandrinha. He is known for a peculiar trait: the lower he descends toward sea level, the more brutish he becomes; the higher he climbs the mountain, the more radiant with light he grows.

Date: Friday, October 23, 2026.

Time: 3:30 PM.

Location: SQS 112, Block H, Apartment 605 (penthouse), Asa Sul, Brasília/DF.

Those interested in attending the meeting may contact Natércia via WhatsApp at (61) 98517-1962.

COMMITMENT TO OUR EVENTS

RSVP and Collective Responsibility

The purpose of the **Clube Internacional de Brasília (CIB)** is to foster harmonious, well-organized, and welcoming gatherings, always grounded in a spirit of cooperation and mutual respect.

Organizing each event involves advance planning, contracting services, and determining the number of participants based on confirmed RSVPs.

When a reservation is made but **the member fails to attend without prior notice**, the Club incurs in costs for services already contracted and often prevents members on the waiting list from participating.

Therefore, we emphasize that confirming attendance constitutes a commitment to the Club and to fellow members.

We request that any cancellations be communicated at least 24 (twenty-four) hours prior to the event, allowing for the reallocation of spots and preventing financial loss.

Please note that if this issue persists, the Board of Directors may propose formal regulations on the matter to safeguard the Club's financial stability and the organization of events.

We rely on the understanding, sense of responsibility, and collaborative spirit that always characterize our members.

Executive Board

Clube Internacional de Brasília (CIB)

BIRTHDAYS

The International Club extends its warmest congratulations to the female members celebrating their birthdays in October. May this new chapter be filled with health, joy, accomplishments, and special moments shared with loved ones.

Happy Birthday to our October celebrants! 🎉🌸



NATIONAL DATES

The President of the CIB, on behalf of all member organisations, extends greetings to the peoples of the countries listed below on the occasion of their national days in October.

01/10	People's Republic of China National Day
01/10	Republic of Cyprus National Day
01/10	Federal Republic of Nigeria Independence Day
02/10	Republic of Guinea National Day
03/10	Germany National Day
03/10	Republic of Korea National Day
09/10	Republic of Uganda National Day
10/10	Republic of Fiji National Day
12/10	Kingdom of Spain National Day
12/10	Republic of Equatorial Guinea National Day
24/10	Republic of Zambia National Day
26/10	Republic of Austria National Day
27/10	Turkmenistan National Day
28/10	República Tchec National Day
29/10	Republic of Turkey National Day

Language Courses Offered by CIB

Intermediate Spanish Course (full)

Teacher: Cecília Martins – Telephone: 3366-2673

Wednesdays, 3:30 PM to 5:30 PM – at students' homes on a rotating basis

Intermediate French Course

Teacher: Yara Stela Cammarota – Telephones: 3248-4697 / 98419-7884

Tuesdays, 4PM to 6 PM – SHIS QI 17 Conjunto 10 Casa 03 – Lago Sul

Beginner French Course (full)

Teacher: Suzana Tereza Mattei– Telephones: (61) 9970-1299

Tuesdays, 3PM to 5PM - Location: rotating system at the students' homes

Intermediate English Course

Teacher: Natércia de Magalhães Cunha – WhatsApp (61)98517-1962

Mondays, 4PM to 6 PM – SQS 112 Bloco H Apartment 605

Intermediate English Course (Full)

Teacher: Sandra Lacerda – WhatsApp (61)99296-3488

Mondays, 2:30PM - Location: rotating system at the students' homes

This work is very rewarding. In addition to giving members the opportunity to learn or improve their foreign language skills, these gatherings are enjoyable occasions and a chance to meet people who become friends. Get in touch! Come be a teacher. CIB appreciates it! Contact the Course Director Natércia de M. Cunha via WhatsApp (61) 98517-1962.

CIB MANAGEMENT 2026

Chairman of the Deliberative Council

Edna Alves Rosa Batista

Chair of the Supervisory Board

Jane Carol Salles Brauner Azevedo - Phone (61) 981249809

President

Eliana Coutinho do Oriente Cruz - Phone (61) 981249613

Vice-President

Mateja Kracun (**Ambassador of the Republic of Slovenia**)

Vice-President

Eliane Ferreira L. Pimentel - Phone (61) 999614644

Secreatariat

Vanda Paes Landim Ribeiro - Phone: (61) 999612006

Mônica Beraldo Fabrício - Phone: (61) 992219392

Finance Department

Maria Lucila La Porta - Phone: (61) 984107375

Carmenisia Jacobina Aires - Phone: (61) 999853281

Administrative Directorate

Maria Ângela G.V. Carrascalão (**Ambassador of Timor-Leste**)

Ana Cristina Sant'Anna Vieira (Tininha)- Phone:(61) 996940462

IT and Communications Directorate

Isabel Barbosa Pacheco Silva - Phone: (61) 981040945

Maria Andréa de O. Moraes dos Santos - Phone:(61) 981168287

Social Assistance Directorate

Maria da Sé Diniz (Sezinha) - Phone: (61) 981520100

Maria Alice de Podestá N. Mamede - Phone: (61) 991061515

Cultural Department

Benetia Tumelo Chingapane (**Ambassador of the Republic of Botswana**)

Sonia Estela de Melo - Phone: (61) 983484486

Events Department

Maria das Dores R. Costa (Dodoia) - Phone: (61) 981433916

Mona Lisa Barembaum - Phone: (61) 981412424

Gastronomy Department

Maryvan D'Arienzo Favoretto Rossi - Phone: (61) 999857271

Damiana Tenório Miranda Leoi - Phone: (61) 999897901

Course Directorate

Natércia de Magalhães Cunha - Phone: (61) 985171962

Translation Department

Rita Hartman Garcia Ramos - Phone: (61) 996196596

Elinor Watson Moren - Phone: (61) 32487753

Legal Department

Sônia Gontijo Chagas Gonzaga - Phone: (61) 991975337



CLUBE INTERNACIONAL DE BRASÍLIA

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